

SUPPLEMENTARY TABLE 4

Switching from one stimulant to another

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- Choose an opportune time for transition, such as during holidays or at the weekend.
- Consider if there is an equivalent dose or if the new medication needs to be initiated at the starting dose.

Presently on:	Changing to:	Comments	
Methylphenidate-based medication	Methylphenidate-based medication	Stop the first and start the second at the calculated equivalent dose while taking into account the release mechanism	
		Methylphenidate-based medication	% Immediate/delayed release
		Ritalin	100/0
		Biphentin	40/60
		Concerta	22/78
		Generics	Unknown (not disclosed by manufacturer)
Methylphenidate-based medication	Amphetamine-based medication	No direct equivalent dose. Stop the first and begin the second at the starting dose.	
Amphetamine-based medication	Methylphenidate-based medication		
Amphetamine-based medication	Amphetamine-based medication		